#### **COUNTY OF LOS ANGELES**

MARVIN J. SOUTHARD, D.S.W. Director ROBIN KAY, Ph.D. Chief Deputy Director RODERICK SHANER, M.D. Medical Director



BOARD OF SUPERVISORS

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#### DEPARTMENT OF MENTAL HEALTH

http://dmh.lacounty.gov

550 SOUTH VERMONT AVENUE, LOS ANGELES, CALIFORNIA 90020

Repty To: (213) 738-4601 Fax: (213) 386-1297

December 01, 2009

The Honorable Board of Supervisors County of Los Angeles 383 Kenneth Hahn Hall of Administration 500 West Temple Street Los Angeles, California 90012

**Dear Supervisors:** 

APPROVAL FOR A SOLE SOURCE AMENDMENT
WITH DIDI HIRSCH PSYCHIATRIC SERVICE FOR
SUICIDE PREVENTION PROGRAM SERVICES UNDER THE MENTAL HEALTH SERVICES ACTPREVENTION AND EARLY INTERVENTION PLAN'S EARLY START PROGRAM
(SUPERVISORIAL DISTRICT 2)
(3 VOTES)

#### SUBJECT

Request approval for a sole source amendment with Didi Hirsch Psychiatric Service to implement the Mental Health Services Act-Prevention and Early Intervention Plan's Early Start Suicide Prevention Program.

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#### IT IS RECOMMENDED THAT YOUR BOARD:

- 1. Approve and instruct the Director of Mental Health, or his designee, to prepare, sign, and execute a sole source amendment, substantially similar to Attachment I, with Didi Hirsch Psychiatric Service (Didi Hirsch), LE Agreement No. MH120441. This amendment is for Didi Hirsch to implement the Department of Mental Health's (DMH) Suicide Prevention Program under the Mental Health Services Act (MHSA)-Prevention and Early Intervention (PEI) Plan's Early Start Program. The amendment in the amount of \$802,733 is for Fiscal Year (FY) 2009-10, effective upon Board approval, and is fully funded with MHSA PEI Early Start Program funding.
- 2 Delegate authority to the Director of Mental Health, or his designee, to prepare, sign, and execute future amendments to the Agreement with Didi Hirsch, provided that: 1) the County's total payments under this Agreement for the applicable fiscal year shall not exceed an increase of 20 percent from the applicable revised Board approved MCA; 2) any such increase shall be used to provide additional services or to reflect program and/or policy changes; 3) your Board has appropriated sufficient funds for all increases; 4) approval of the Chief Executive Office (CEO) and County Counsel, or their designees, is obtained prior to any such Amendment; 5) the parties may by written amendment mutually agree to reduce programs or services, without reference to the 20 percent limitation; and 6) the Director of Mental Health shall provide written notification to your Board within 30 days after the execution of each Amendment.

#### PURPOSE/JUSTIFICATION OF RECOMMENDED ACTION

Board approval is required for DMH to implement the MHSA PEI Plan's Early Start Suicide Prevention Program through a sole source amendment with Didi Hirsch. Suicide is a significant mental health issue within Los Angles County. California Department of Public Health reported that 664 residents of the Los Angeles County committed suicide in 2007. Additionally, it was reported that 4,361 residents of Los Angeles County were hospitalized for attempted suicide. The recommended actions will provide increased safeguards to the population at risk through transformation and expansion of the suicide prevention services currently provided by Didi Hirsch.

The selection of Didi Hirsch is consistent with the guidelines provided by the State Department of Mental Health and Mental Health Oversight and Accountability Commission to consider only those projects that can be readily and quickly implemented and that enhance ongoing suicide prevention efforts. The agency has the necessary personnel, facilities and services to facilitate the implementation through transformation and expansion. Didi Hirsch provides suicide prevention services at the Center. Located in Culver City, the Center was founded in 1958. The Center was the first in the nation to provide 24-hour suicide prevention Crisis Line. It is one of the eight accredited hotlines in California that are members of the National Lifeline. It is the only National Suicide Prevention Lifeline serving the entire Los Angeles County.

Without this sole source amendment, the benefits of MHSA PEI Plan's Early Start Suicide Prevention Program services will be unduly delayed to the most vulnerable population in Los Angeles County.

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#### Implementation of Strategic Plan Goals

The recommended actions are consistent with County Strategic Plan Goal 2, Children, Family and Adult Well-Being and Goal 4, Health and Mental Health.

#### FISCAL IMPACT/FINANCING

There is no increase in net County cost.

This amendment in the amount of \$802,733 is fully funded by the State MHSA PEI Plan's Early Start Program. This amount includes \$708,333 for the expansion of services and \$94,400 for one time costs for the Suicide Prevention Program. The revised FY 2009-10 MCA of \$20,008,171 is included in the Department's FY 2009-10 Final Adopted Budget. Continuation of this program in subsequent fiscal years will be contingent upon the availability of future MHSA PEI funding.

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#### FACTS AND PROVISIONS/LEGAL REQUIREMENTS

DMH has selected Didi Hirsch to implement the Suicide Prevention Program under the MHSA PEI Plan's Early Start. As previously discussed, the agency has the necessary personnel, facilities and services to facilitate the implementation through transformation and expansion. Didi Hirsch provides suicide prevention services at the Center, which is located in Culver City. The Center was the first in the nation to provide 24-hour suicide prevention Crisis Line. It is one of the eight accredited hotlines in California that are members of the National Lifeline. It is the only National Suicide Prevention Lifeline serving the entire Los Angeles County.

The Center's 24-hour Crisis Line provides direct, confidential telephone counseling to the target population of individuals, of any age, who are contemplating, threatening or attempting suicide, as well as concerned friends or family members. The 24-hour Crisis Line receives several thousand suicide related calls each month. Each caller receives immediate and focused crisis intervention assistance from a team of highly trained volunteers, consultants and professional staff.

To implement the MHSA PEI Plan's Early Start Suicide Prevention Program, Didi Hirsch will transform the Center's 24-hour Crisis Line services into an evidence-based Applied Suicide Intervention Skills Training (ASIST) model. The ASIST model emphasizes suicide first-aid to help a person at risk to stay safe and seek further help as needed. According to studies, four out of five people who commit suicide have warned others of their intent through verbal statements, written notes, or other behaviors indicating that they are planning to end their life. The ASIST model emphasizes training the community on how to recognize and respond appropriately to such "invitations" to help. It is designed to give participants knowledge and skills that will help them know how to intervene when they fear someone might be at risk. Evidence-based practices such as ASIST have undergone scientific evaluation and ensure that each call to the 24-hour Crisis Line is conducted in accordance with a proven intervention model. Transformation of the 24-hour Crisis Line also includes rigorous monitoring to ensure fidelity to this evidence-based practice.

The Center will expand its ASIST model training to the law enforcement personnel on the proper suicide first-aid response. The Center will also develop support groups for survivors of suicide and for family members who suffer suicide losses. Activities will include support groups, weekly meeting, telephone counseling, and community outreach.

The Center will expand the 24-hour Crisis Line to include bilingual services. This will increase the linguistic capacity of the suicide prevention 24-hour Crisis Line to serve under-represented and ethnic communities. The first steps in this process will be the hiring of Spanish-speaking bi-lingual supervisors and staff and training them on the ASIST model and put them on the 24-hour Crisis Line to serve the Spanish-speaking ethnic community.

The attached amendment has been approved as to form by County Counsel. CEO has approved the attached Sole Source Contract Checklist and recommendations. DMH will monitor the contractor's performance to ensure its adherence to and compliance with the MHSA PEI Plan's Early Start Suicide Prevention Program requirements and quality management.

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#### **CONTRACTING PROCESS**

This is a sole source amendment with Didi Hirsch. The sole source selection is based on historical evidence that Didi Hirsch has established suicide prevention services which provide a ready foundation to implement the MHSA PEI Plan's Early Start Suicide Prevention Program. The Amendment requires Didi Hirsch to transform and expand its current services in accordance with the Service Exhibit on service elements, service goals, and performance-based criteria. The One-Time Expenses Exhibit specifies cost categories eligible for one-time costs reimbursements.

Attached is the required Sole Source Contract Checklist (Attachment II), identifying and justifying the need for the sole source amendment with Didi Hirsch.

#### **IMPACT ON CURRENT SERVICES (OR PROJECTS)**

The amendment will augment the suicide prévention services currently provided by Didi Hirsch and enable communities in Los Angeles County to significantly increase their suicide prevention knowledge and respond to persons at risk of suicide and save lives. Upon full implementation, it is estimated that 12,000 individuals and families will receive training in suicide prevention and early intervention activities.

Respectfully submitted,

MARVIN J. SOUTHARD, D.S.W.

Director

MJS:MM:RK

Enclosures

#### AMENDMENT NO. 3

THIS AMENDMENT is made and entered into this \_\_1st\_\_ day of December, 2009, by and between the COUNTY OF LOS ANGELES (hereafter "County") and <u>Didi</u>

<u>Hirsch Psychiatric Service</u> (hereafter "Contractor").

WHEREAS, County and Contractor have entered into a written Agreement, dated June 9, 2009, identified as County Agreement No. MH120441, and any subsequent amendments (hereafter collectively "Agreement"); and

WHEREAS, for Fiscal Year (FY) 2009-10 only, County and Contractor intend to amend Agreement only as described hereunder; and

WHEREAS, for FY 2009-10 only, County and Contractor intend to amend Agreement to enable Contractor to transform and expand the services of its Suicide Prevention Center (Center) under the Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) Plan's Early Start Suicide Prevention Program (Suicide Prevention Program). The MHSA PEI Plan's Early Start has allowed Los Angeles County to go forward with plans to develop programs and services in an effort to conduct outreach to critical populations including those who are contemplating, threatening or at risk of attempting suicide; and

WHEREAS, Contractor will transform and expand suicide prevention services by using MHSA PEI Plan's Early Start funds; and

WHEREAS, for FY 2009-10 only, County and Contractor intend to amend Agreement to <u>reduce</u> Non-Medi-Cal/Indigent Funded Program in the amount of \$450,000; and <u>add</u> MHSA PEI Plan's Early Start funds in the amount of \$1,252,733; and

WHEREAS, for FY 2009-10 only, Contractor will provide Suicide Prevention

Program services as identified in a Suicide Prevention Program Service Exhibit; and

WHEREAS, for FY 2009-10 only, the County will allow Contractor to use \$94,400 of the MHSA PEI Plan's Early Start funds for one-time only start-up costs; and

WHEREAS, anticipated MHSA allowable costs are identified in the new "One-Time Expenses Associated with Program Development and Expansion of a Suicide Prevention Program" Service Exhibit, which represents County's best effort to identify allowable one-time costs; and

WHEREAS, Contractor shall comply with all statues, regulations, and directives pertaining to MHSA allowable one-time costs as they currently exist or as they may be modified by the State or County, and in no event shall County be obligated to pay Contractor for one-time costs not claimable to the MHSA; and

WHEREAS, for FY 2009-10 only, the Maximum Contract Amount (MCA) will be increased by \$802,733 with a revised MCA of \$20,008,171.

NOW, THEREFORE, County and Contractor agree that Agreement shall be amended only as follows:

 Financial Exhibit A (FINANCIAL PROVISIONS), Attachment II, Paragraph C (Reimbursement For Initial Period) shall be deleted in its entirety and the following substituted therefor:

- "C. REIMBURSEMENT FOR INITIAL PERIOD: (1) The Maximum Contract Amount for the Initial Period of this Agreement as described in Paragraph 1 (TERM) of the Legal Entity Agreement shall not exceed <a href="TWENTY MILLION EIGHT">TWENTY MILLION EIGHT</a>
  THOUSAND ONE HUNDRED SEVENTY-ONE DOLLARS (\$20,008,171) and shall consist of Funded Programs as shown on the Financial Summary."
- 2. The FY 2009-10 Financial Summary-3, Attachment III, attached hereto and incorporated herein by reference, shall supersede and replace the previously effective FY 2009-10 Financial Summary-2, Attachment III, to the Agreement.
- 3. Attachment IV, Service Delivery Site Exhibit, shall be deleted in its entirety and replaced with the revised Attachment IV, Service Delivery Site Exhibit-3.
- 4. Attachment V, Service Exhibits (Listing Codes), shall be deleted in their entirety and replaced with the revised Attachment V, Service Exhibits 3 (Listing Codes).
- A new Service Exhibit-13 for "Suicide Prevention Program" shall be added to this
   Agreement.
- 6. A new Service Exhibit-14 for "One-time Expenses Associated with Program Development for Suicide Prevention Program" shall be added to this Agreement.
- Contractor shall provide services in accordance with the Contractor's Fiscal Year
   2009-10 Negotiation Package for this Agreement and any addenda thereto approved in writing by Director.
- 8. Except as provided in this Amendment, all other terms and conditions of the Agreement shall remain in full force and effect.

IN WITNESS WHEREOF, the Board of Supervisors of the County of Los Angeles has caused this Amendment to be subscribed by County's Director of Mental Health or his designee, and Contractor has caused this Amendment to be subscribed in its behalf by its duly authorized officer, the day, month, and year first above written.

	COUNTY OF LOS ANGELES
	Ву
	MARVIN J. SOUTHARD, D.S.W. Director of Mental Health
	Didi Hirsch Psychiatric Service
	CONTRACTOR
	Ву
	Name John P. McGann
	Title Vice President of Finance & Admin.
	(AFFIX CORPORATE SEAL HERE)
APPROVED AS TO FORM: OFFICE OF THE COUNTY COUNSEL	
APPROVED AS TO CONTRACT	
ADMINISTRATION:	
DEPARTMENT OF MENTAL HEALTH	
Ву	
Chief, Contracts Development and Administration Division	

Contractor Name:

Didi Hirsch Psychiatric Service

33 Maximum Contract Amount

Legal Entity Number: 00183
Agreement Period: July 1, 2009 thru June 30, 2012
Fiscal Year: 2009-10

DMH Legal Entity Agreement

Attachment III
The Financial Summary - 3
Amendment # 3

Funded Program	Max. Program Amount — Non-Medi-Call Indigent	Max. Program Amount — Medi-Cal/ Healthy Familles	Combined Max. Program Amount
1 Family Preservation Program	48,200		\$ 48,200
2 Child Abuse Prevention Intervention and Treatment (AB2994)	180,000		\$ 180,000
3 Special Education Pupil (SEP)	550,300		\$ 550,300
4 Specialized Foster Care	35,000	140,000	\$ 175,000
5 Children's Comprehensive SOC Prog (SAMHSA, CFDA #93.958)			\$
6 Child MH Initiative-Project ABC (SAMHSA, CFDA #93.104)			\$ -
7 Juvenile Justice Program (STOP)	30,000		\$ 30,000
8 Juvenile Justice Program (JJCPA)			\$ -
9 Co-occurring Disorder			\$ -
10 Path McKinney, CFDA #93.150			\$ -
11 Homeless Services (NCC)			\$
12 Family Functional Therapy Program	221222		\$ -
13 CalWORKs	964,900		\$ 964,900
14 Homeless - Family Project	<b>*</b>		\$ -
15 GROW			\$ -
16 Inpatient/Residential Services			-
Other Mental Health Services for clients under the age of 21 years	392,619	7,093,400	\$ 10,645,325
Other Mental Health Services for clients 21 years of age or older	332,010	3,159,306	
MHSA:			
19 Full Service Partnership (FSP) - Child			\$ -
20 FSP - TAY	756,900	900,000	\$ 1,656,900
21 FSP - Adult	929,400	1,381,100	\$ 2,310,500
22 FSP - Older Adult	139,000	306,000	\$ 445,000
23 Field Capable Clinical Services (FCCS)	78,383	1,058,560	\$ 1,136,943
24 Probation Camps			\$ -
25 Urgent Care Centers			<u> </u>
26 Wellness/Client-Run Centers	271,058	341,312	\$ 612,370
27 Institutions for Mental Disease (IMD) Step Down			\$ -
28 Enriched Residential Services			\$
29 Jail Transition and Linkage Services			\$ -
30 POE (Outreach & Engagement)			\$ -
31 PEI Early Start	1,252,733		\$ 1,252,733
Unique/Other:			
32 DCFS Star View			\$ -
32 DHS LAMP			\$ -
32 DHS Social Model			\$
32 DCFS Hillview Transitional Independent Living			\$ -
32 DHS/ADPA Dual Diagnosis			\$ -
32 DCFS THP			<u>s</u> -
32 DCFS Medical Hub			\$ -
32 MAA		-	\$ -
			\$ -
Tri-City		<del></del>	<u> </u>

20,008,171

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#### **DMH LEGAL ENTITY AGREEMENT** ATTACHMENT IV

Homeless (H) Managed Care (MC)

#### Service Delivery Site Exhibit -3

CONTRACTOR NAME: Didi Hirsch Psychiatric Service

LEGAL ENTITY NO.: \_00183 PERIOD: <u>July 1, 2009 through June 30, 2012</u>

*DESIGNATED PROGRAM OFFICE	SERVICE EXHIBIT NO.	PROV. NO.	SERVICE DELIVERY SITE(S)	M.H. SERVICE AREA(S) SERVED	SITE SUP. DISTRICT
			Excelsior House		
			1007 Myrtle Avenue		
A	<u> </u>	7046	Inglewood, CA 90301	8	2
<del></del>	_	_	S. Mark Taper Foundation Center		
	1,3,4		1328 West Manchester Avenue		
C	<u> 5.6</u>	7423	Los Angeles, CA 90044	6	2
			Didi Hirsch CMHC		
	1,3,4,5,6,7		4760 South Sepulveda Blvd.		
<u>_A,C</u> ,	<u>8,9,10,11</u>	<u> 1973</u>	Culver City, CA 90230	5	<u>2</u>
			Metro Center		
	1,3,4	_	672 South La Fayette Park Place, Suite 6		
C	5,6	7359	Los Angeles, CA 90057	4	2
			Culver Palms Center		
	1,3,4		11133 Washington Blvd.	_	-
A,C	<u>5,6</u>	<u>_7357</u> _	Culver City, CA 90232	5	2
			Inglewood Center		
			111 N. La Brea Ave., # 500 and 700	_	
A,C	<u>1,3,4,5,6</u>	7209	Inglewood, CA 90301	8	2
			Mar Vista Center		
			12420 Venice Bivd., #200	_	<b></b>
A,C	<u>1,3,4,5,6</u>	7334	Los Angeles, CA 90066	5	283
			Jump Street		
		_	1233 S. La Cienega Blvd.	_	=
A	7.8	7110	Los Angeles, CA 90035	5	3
			Didi Hirsch CMHC		
MHSA			4760 South Sepulveda Blvd.	_	_
A.C.TAY,OA	<u>9.10.11.</u>	<u> 1973 </u>	Culver City, CA 90230	5	<u>2</u>
	<u>12. 13. 14</u>				
			Culver Palms Center		
MHSA	_	_	11133 Washington Blvd.	=*	
_A.C.TAY.QA	<u>9.10,11.</u>	7357	Culver City, CA 90232	5	2
	<u>12</u>				
			Inglewood Center		
MHSA			111 N. La Brea Ave., # 500 and 700	•	_
A,C,TAY,OA	9,10,11,	7209	Inglewood, CA 90301	8	2
	<u>12</u>				
		<del></del>			

\*Legend: Adult Systems of Care (A)
Child, Youth and Family Program Administration (C)

Critical Care (CC) Court Programs (CP) Older Adult Program (OA) Transition Age Youth (TAY)

# 12345

#### **SERVICE EXHIBITS-3**

A duplicate original of the Service Exhibit(s) will be on file in the Department of Mental Health's Contracts Development and Administration Division and is deemed incorporated herein by reference as though fully set forth, and will be made available to interested persons upon request.

6	Set forth, and will be made available to interested persons upon request.		
6 7	DESCRIPTION	CODES	
8	Targeted Case Management Services (Rehab. Option)	<u>104-A</u>	
9	Short-Term Crisis Residential Services (Forensic)	201	····
10	Crisis Stabilization Services (Rehab. Option)	202-A	
11	Vocational Services	<u>304-A</u>	
12	Day Rehabilitation Services (Adult) (Rehab. Option)	308-B	<del></del>
13	Day Rehabilitation Services (Children/Adolescents) (Rehab. Option)	<u>309-B</u>	
14	Day Treatment Intensive Services (Adult) (Rehab, Option)	<u>310-B</u>	
15	Day Treatment Intensive Services (Children/Adolescents) (Rehab, Option)	<u>311-B</u>	
16	Mental Health Services (Rehab. Option)	402	2
17	Medication Support Services (Rehab. Option)	403	3
18	Crisis Intervention Services (Rehab, Option)	<u>404-A</u>	_4
19	Mental Health Service Treatment Patch (La Casa)	405	
20	Therapeutic Behavioral Services	<u>406-A</u>	
21	Outreach Services	_501 <u>-A</u>	5
22	Outreach Services (Suicide Prevention Services)	_502-A	_6_
23	Intensive Skilled Nursing Facility Services	<u>601</u>	
24	Mental Health Rehabilitation Centers (La Casa Mental Health Rehabilitation Center)	602	
25	Intensive Skilled Nursing Facility Services (La Paz)	603	
26	Intensive Skilled Nursing Facility Services Forensic Treatment	604	
27	Skilled Nursing Facilities (Psychiatric Services)	605	<del></del>
28	Skilled Nursing Facility - Special Treatment Program Services		
29	(SNF-STP/Psychiatric Services)	608	
30	Intensive Skilled Nursing Facility Services - Enhanced Treatment Program (ETP)	609	
31	Socialization Services	<u>701-A</u>	
32	Life Support Services	801	7
33	Case Management Support Services	<u>802-A</u>	
34	Case Management Support Services (Forensic)	<u>803-A</u>	
35	Case Management Support Services (Children & Youth)	<u>804-A</u>	
36	Life Support Services (Forensic)	805	
37	Independent Living Services	901	

### DMH LEGAL ENTITY AGREEMENT ATTACHMENT V

1	Local Hospital Services	902	<del></del>
2	Semi-Supervised Living Services	904_	
3	Adult Residential Treatment Services (Transitional)	912_	88
4	Adult Residential Treatment Services (Long Term)	913	
5	Non-Hospital Acute Inpatient Services (La Casa PHF)	914	
6	Comprehensive Adult Residential Treatment Services (Bio-Psycho-Social Services)	915	
7	Assertive Community Treatment Program (ACT)	921	
8	Psychiatric Inpatient Hospital Services	930	·····
9	Primary Linkage and Coordination Program	1001	
10	Service Provisions (Organizational Provider Only)	1003	
11	Consumer Run/Employment Program	<u>1005</u>	
12	Client Supportive Services (Includes Attachment A Reimbursement Procedures		
13	and Attachment B Monthly Claim for Cost Reimbursement)	<u>1010-A</u>	
14	Mental Health 24-Hour Services Interim Placement Funding for Basic Care Services	<u>1011</u>	
15	Mental Health 24-Hour Services Children Under Age 18 Basic Services	1012	
16	Supportive Services – Residential Programs (Includes Attachment A		
17	Reimbursement Procedures and Attachment B- Monthly Claim for		
18	Cost Reimbursement)	1013	
19	Client Supportive Services-Mental Health Services Act Programs (Includes		
20	Attachment A - Reimbursement Procedures and Attachment B - Monthly		
21	Claim for Cost Reimbursement)	<u>1014-A</u>	9
22	Full Service Partnership (FSP)	<u>1015</u>	10
23	Supportive Services - Intensive Residential Program (Includes Attachment A-		
24	Reimbursement Procedures and Attachment B - (Monthly Claim for		
25	Cost Reimbursement)	1016	
26	One-Time Expenses Associated with Starting a new MHSA Program (Includes		
27	Attachment A-Reimbursement Procedures and Attachment B - Monthly		
28	Claim for Cost Reimbursement)	<u>1017</u>	
29	Client Supportive Services (New Directions) (Includes Attachment A		
30	Reimbursement Procedures and Attachment B Monthly Claim for Cost		
31	Reimbursement)	<u>1018</u>	
32	Family Support Services	1019	
33	Service Extender Stipend Program Mental Health Services Act Programs		
34	(Includes Attachment A Reimbursement Procedures and Attachment B		
35	Monthly Claim for Cost Reimbursement)	1020	

### DMH LEGAL ENTITY AGREEMENT ATTACHMENT V

1	Client Supportive Services Field Capable Clinical Services (FCCS) Mental Health		
2	Services Act Programs (Includes Attachment A Reimbursement Procedures		
3	and Attachment B Monthly Claim for Cost Reimbursement)	<u>1021</u>	11
4	Intensive In-Home Mental Health Services	1022	
5	One-Time Expenses Associated with Starting a new Mental Health Services Act		
6	Program for Probation Camp Services (Includes Attachment A Reimbursement		
7	Procedures and Attachment B Monthly Claim Cost Reimbursement)	1023	
8	One-Time Expenses Associated with Starting a new MHSA Program for		
9	Transitional Living Centers for L.A. County, Inc. (Includes Attachment A		
10	-Reimbursement Procedures and Attachment B Monthly Claim Cost		
11	Reimbursement)	<u>1024</u>	
12	Intensive Treatment Foster Care	1025	
13	One-Time Expenses Associated with Program Development for Intensive		
14	In-Home Evidence Based Practices (Includes Attachment A Reimbursement		
15	Procedures and Attachment B Monthly Claim Cost Reimbursement)	1026	
16	Outreach and Engagement Services (MHSA Only)	<u>1027</u>	
17	Enriched Residential Services (Alternative Crisis) (Adults)	1028	
18	IMD Step-Down Programs (Adults)	<u>1029</u>	
19	Urgent Care Centers (Alternative Crisis) (Adults)	1030	
20	Client Supportive Services Homeless CalWORKs Families Project (Includes		
21	Attachment A Reimbursment Procedures and Attachment B Monthly		
22	Claim for Cost Reimbursement)	1031	
23	Star View-PHF-Supplemental Financial Support	1032	
24	Star View-CTF-Supplemental Financial Support	1033	
25	One-Time Expenses Associated with Program/Program Development for Intensive		
26	In-Home Evidence Based Practices Non-MHSA (Includes Attachment		
27	A Reimbursement Procedures and Attachment B Monthly Claim for Cost		
28	Reimbursement)	<u>1034</u>	
29	Field Capable Clinical Services (FCCS)	<u>1035</u>	12
30	Suicide Prevention Program Mental Health Services Act (MHSA) Prevention and		
31	Early Intervention (PEI) Plan	<u> 1036 </u>	13
32	One-Time Expenses Associated with Starting a new MHSA Program for PEI Early		
33	Start Suicide Prevention Program (Includes Attachment A-Reimbursment		
34	Procedures and Attachment B Monthly Claim Cost Reimbursement)	1037	14

#### **SERVICE EXHIBIT 13**

#### SUICIDE PREVENTION PROGRAM

Provided under the Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) Plan

#### (MODES OF SERVICE 15 and 45)

- 1. <u>GENERAL</u>: The Suicide Prevention Program under the MHSA PEI Plan include outreach services that are to be delivered in the community-at-large to individuals who are contemplating, threatening, or attempting suicide, as well as concerned friends or family members. These services include the provision of emergency and informational telephone counseling services and include mental health consultation services and mental health information and education services.
- 2. <u>PERSONS TO BE SERVED</u>: Contractor shall provide suicide prevention services to a target population that includes individuals who are contemplating, threatening, or attempting suicide, as well as concerned friends or family members.
- 3. <u>SERVICE DELIVERY SITE(S)</u>: Contractor's facility(ies) where services are to be provided hereunder is (are) located at: <u>Site(s) as identified on the Service Delivery Site</u>

  <u>Exhibit and in the Contractor's Negotiation Package/Addenda</u>. Contractor shall obtain the prior written consent of Director at least seventy days before terminating services at such location(s) and/or before commencing such services at any other location(s).
- 4. PROGRAM ELEMENTS AND SERVICES: Contractor shall provide suicide prevention services that include Community Outreach Services to the community and/or individual patients/clients in accordance with Contractor's Negotiation Package and any addenda thereto, as approved in writing by the Director, for the term of this Agreement. Crisis intervention services will be provided consistent with the Applied Suicide

Crisis intervention services will be provided consistent with the Applied Suicide Intervention Skills Training (ASIST) model.

Services shall be directed toward (1) assisting individuals and/or families who may have been impacted by a suicide for whom no case record can be opened to achieve a more adaptive level of functioning through single contact or occasional contact, and (2) enhancing or expanding the knowledge and skills of Contractor's staff in meeting the needs of mental health patients/clients in crisis. Services shall include, but are not limited to:

- A. Twenty-four hours a day, seven days a week (24/7), emergency and informational, hotline telephone counseling services available to persons contemplating, threatening, or attempting to commit suicide, or to persons concerned about others who are contemplating, threatening, or attempting to commit suicide. Bi-lingual services, e.g. Spanish-speaking, are also included. Hotline telephone counseling services shall include referrals to appropriate mental health agencies;
- B. Weekly support groups, telephone support counseling, and community outreach offered to survivors of suicide and family members who have experienced loss as a result of a suicide;
- ; C. Training and consultation services provided to law enforcement and first responders to ensure the proper response to suicide, including how to deal with family members experiencing a loss as a result of suicide;
- D. Apprising residents of Los Angeles County, through various public media, of the availability of suicide prevention and early intervention services, including the Contractor's telephone counseling services.

#### 5. SERVICE GOALS

As a result of the transformation and expansion of suicide prevention services, prevention and early intervention services will be offered. "Prevention" is defined as reducing risk factors or stressors, building protective factors and skills, and increasing support. Prevention promotes positive cognitive, social and emotional development and encourages a state of well-being that allows the individual to function well in the face of changing and sometimes challenging circumstances. "Universal prevention" targets the general public or a whole population group that has not been identified on the basis of individual risks. "Selective prevention" targets individuals or a subgroup whose risk of developing mental illness is significantly higher than average.

"Early Intervention" is defined as **intervention** directed toward individuals and families for whom a short duration (usually less than one year) of relatively low-intensity intervention is appropriate to measurably improve a mental health problem or concern very early in its manifestation, thereby avoiding the need for more extensive mental health treatment or services, or to prevent a mental health problem from getting worse. It is expected that:

- There will be an increased capacity of the suicide hotline services to underrepresented and ethnic communities;
- Support groups for survivors of suicide attempts and family members bereaved by suicide will be offered to members of the community;
- Law enforcement and first responders will receive training and consultation to respond appropriately to suicide and suicide attempts; and
- · Community agencies will receive training in suicide prevention activities in

	( <del>************************************</del>	
Service	FY 09/10 Prevention Goal	FY09/10 Early Intervention Goal
24/7 Crisis Hotline (Transformed)	Individual: 6000	Individual: 6000
(0.2.000)	Family: 6000	Family: 6000
24/7 Crisis Hotline (Expanded – Bilingual)	Individual: 400	Individual: 200
(2.panasa 2.m.gus.)	Family: 100	Family: 50
Support Groups	Individual: 100	Individual: 100
	Family: 50	Family: 50
First Responders	Individual: 200	Individual: 200
	Family: 100	Family: 100
Training & Outreach	Individual: 200	Individual: 200
	Family: NA	Family: NA

#### 7. PERFORMANCE BASED CRITERIA

DMH shall evaluate Contractor on five (5) Performance-Based Criteria that shall measure the performance related to program and operational measures and are indicative of quality mental health services. These criteria are consistent with the MHSA PEI Plan. These measures will assess the agency's ability to provide the mandated services as well as the Contractor's ability to monitor the quality of services.

Contractor shall provide a process for systematically defining and measuring quality indicators at the program and community levels. Should there be a change in federal, State and/or County policies/regulations, DMH, as its sole discretion, will advise

Contractor verbally and in writing of the revised Performance-Based Criteria thirty (30) days prior to required implementation.

#### The Performance-based Criteria are as follows:

PERFORMANCE BASED CRITERIA	METHOD OF DATA COLLECTION	PERFORMANCE TARGETS
The availability of 24 hours a day/7 days a week crisis hotline services	Maintenance of call records via iCarol; submission of quarterly reports	Expectation of handling at least 31,500 annually; monitoring of calls to ensure compliance with EBP standards
2. The development of Spanish-speaking crisis hotline services	Maintenance of call records via <i>iCarol</i> ; submission of quarterly reports	Expectation of providing a minimum of 20 hours per week of Spanish-speaking services within 30 days of award of contract; expectation of providing full coverage (24 hours a day/7 days a week) within 6 months of award of contract; Monitoring of calls to ensure compliance with EBP standards.
3. Support Groups for those bereaved by a suicide	Maintenance of records of attendance of support groups that are deidentified and demographic data.	Expectation of providing prevention and early intervention services to a minimum of 300 individuals/families; pre- & post- self reports of self-efficacy.
Provide assistance and consultation to law enforcement and first responders	Rosters of law enforcement, first responders and Crisis Response Teams receiving assistance and consultation.	Expectation of providing prevention and early intervention services to a minimum of 600 law enforcement and first responders; pre- and post-measures of suicide awareness.
5. Building community capacity by offering evidenced-based training	Rosters of community members attending suicide prevention	Expectation of providing prevention and early intervention services to a

(ASIST) to recognize and respond appropriately to suicide	awareness events; community members will become certified in the ASIST (Applied Suicide Intervention Skills Training) model	minimum of 400 community members; preand post- measures of suicide awareness
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Provider	No.	

#### SERVICE EXHIBIT 14

## ONE-TIME EXPENSES ASSOCIATED WITH STARTING A NEW MENTAL HEALTH SERVICES ACT PROGRAM PREVENTION AND EARLY INTERVENTION EARLY START SUICIDE PREVENTION PROGRAM

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#### I. OVERVIEW

In response to the implementation requirements of Mental Health Services Act, Prevention and Early Intervention, Early Start, Suicide Prevention Program, Los Angeles County Department of Mental Health (DMH) has designed evidence-based programs, contracts, policies, procedures and payment processes that support the expansion of suicide prevention activities.

DMH has developed this Service Exhibit to facilitate reimbursement of one-time only expenses associated with 24/7 Crisis Hotline suicide prevention program transformation, expansion of services, and the development and training for evidenced-based practices.. Reimbursements are limited to those costs incurred during the first year in which a program is initiated. Maximum reimbursable costs shall not exceed one-time program cost allocation for Fiscal Year 2009-10

#### II. ALLOWABLE ONE-TIME COSTS

#### A. Service Function Code (SFC) 75: Non-Medi-Cal Capital Assets

SFC 75 applies to the one-time cost of capital assets dedicated solely to non Medi-Cal activities. These expenses must be \$5,000 or greater; they may be claimed in the year purchased or depreciated over the useful life of the asset. Expenses that should be reported under SFC 75, provided such expenses are dedicated solely to non Medi-Cal activities, include:

- Purchasing land or buildings used for client housing or other non-Medi-Cal activities (note: land is not a depreciable asset).
- Construction or rehabilitation of housing, facilities, buildings or office/meeting spaces.
- Related "soft" costs for development, including, facilities, buildings or office/meeting spaces.
- Vehicles (with prior LACDMH approval).
- Other capital assets dedicated solely to non Medi-Cal activities.

Mental Health funds used to leverage other housing resources, including other collaborative housing projects, should be included under SFC 75.

Units of Service should not be reported for SFC 75.

The cost of capital assets included in the service costs per unit under Modes 05, 10 or 15 <u>must</u> be depreciated and should <u>not</u> be included in SFC 75. (Refer to the Center for Medicare and Medicaid Services (CMS) Publication 15, Provider Reimbursement Manual (HIM-15) Part 1, Chapter 1, for guidance on depreciation requirements.)

All fixed assets or real estate acquisitions purchased within the parameters of this exhibit require the Director's prior approval.

#### B. Service Function Code (SFC) 78: Other Non-Medi-Cal Client Support Expenditures

SFC 78 applies to one-time expenses associated with starting a new program that include general operating expenditures incurred in providing non-Medi-Cal client supports not otherwise reported in Treatment or Outreach Programs (Mode 05, 10, 15 or 55). Allowable expenses include recruitment, training and equipment that is less than \$5,000. Examples of allowable expenditures are staff orientation and training prior to the provision of services, recruitment advertisements, and staff time dedicated to program development prior to service delivery (see attached chart).

#### III. REIMBURSEMENT

The procedures for reimbursement for One-Time Expenses Associated with Starting a New MHSA Program are provided in Attachment A.

## ONE-TIME EXPENSES ASSOCIATED WITH STARTING A NEW MENTAL HEALTH SERVICES ACT PROGRAM REIMBURSEMENT PROCEDURES

The following procedures shall be used for reimbursement of One-Time MHSA expenditures:

#### 1. ONE-TIME COSTS ELIGIBLE FOR REIMBURSEMENT

A. Service Function Code 75: One-Time Non-Medi-Cal Capital Assets >\$5,000

B. Service Function Code 78: One-Time Non-Medi-Cal Client Support Expenditures

<\$5,000

#### 2. REIMBURSEMENT GUIDELINES

The funds allocated for one-time costs shall be used only when <u>no</u> other non-Medi-Cal funds are available during the first year in which a new program is initiated.

#### 3. DOCUMENTATION REQUIREMENTS FOR REIMBURSEMENT

The following supportive documentation shall be maintained on file in accordance with the Records and Audits paragraph of the Agreement:

- Original receipts to support payment invoices. If an original receipt is not obtainable, a copy of the receipt or justification as to why the receipt was not obtained should be retained;
- b. Copies of Real Estate Contracts/Agreements/Leases;
- c. Copies of signed checks issued; and
- d. Documentation of costs for recruitment or training of staff.

#### 4. SUBMISSION OF MONTHLY INVOICES

Contractor shall, on the last day of each month, complete a separate One-time MHSA Expenses invoice indicating the funding source name, categories of expenses (SFC 75 or 78) and the amount spent, including staff salaries. All claims are to be submitted by Contractor to DMH within sixty (60) days from the month in which the expenditure occurred.

The One-time MHSA Expenses Claim form(s) (Attachment B) shall be submitted to:

County of Los Angeles – Department of Mental Health 550 S. Vermont Avenue Los Angeles, CA 90020 ATTN: Provider Reimbursement

#### 5. DMH REVIEW AND APPROVAL OF INVOICES

The DMH PEI Early Start Suicide Prevention Program Manager will review monthly invoices and sign to affirm that expenditures meet established procedures for One-time Expenses Associated with Starting a New MHSA Program. Approved invoices will be forwarded to the DMH Provider Reimbursment Unit for payment.

DMH shall process all completed requests for reimbursement on a monthly basis. The judgment of DMH as to the allowability of any expenditure shall be <u>final</u>.

#### 6. MONTHLY RECONCILIATION REPORT

The amount of funds allocated for one-time MHSA expenditures associated with starting a new program must have been approved by the Department prior to the expenditures. Monthly disbursements reports will be generated by the Accounting Division for the Contractors and Program staff to ensure expenditures have not been exceeded. The County shall not be liable for reimbursement of any expenses claimable hereunder in the event that Contractor exceeds its allocation or violates the terms and conditions of these procedures or the Legal Entity Agreement.

#### County of Los Angeles-Department of Mental Health-Provider Reimbursement Division Monthly Claim for Cost Reimbursement

	Fiscai Year
SPECIAL HANDLING REQUIRED	••

Fiscal Year	
	-

SPECIAL HANDLING REQUIRED

g Source Name: MH	SA PEI, Suicide Prevention Program	Age Group:	(Countywide)
Legal Entity Name:			<u></u>
Legal Entity Mailing	Address:		
Billing Month(s):		_Contract Amendment N	lo.;
Provider Number(s	):	<del>-</del>	
Expenditures:			•
1.1	A. SFC 70: Client Housing Support Expendit	ures	(
1.2	B. SFC 71: Client Housing Operating Expend		(
1.3	C. SFC 72: Client Flexible Support Expenditu		(
1.4	D. SFC 75: Non-Medi-Cal Capital Assets		(
1.5	E. SFC 78: Other Non Medi-Cal Client Supp	ort Expenditures	(
2. One-Time Costs:			<del></del>
2.1	A, SFC 72: Client Flexible Support Expenditu	rės	(
2.2	B. SFC 75: Non Medi-Cal Capital Assets		
	One-time Assets >\$5000	•	-
2.3	C. SFC 78: Other Non Medi-Cal Client Suppo	ort Expenditures	(
	One-time Recruitment, Training, and Equ	•	
3. Total Expenditures	(add lines 1.1 through 2.3)		(
Less: Patient & Thi			
3.1	Patient Fees		(
3.2	Patient Insurance		(
3.3	Medicare		(
3.4	Other:		
4. Total Revenues (ac	dd lines 3.1 through 3.4)		
5. Expenditures less r	evenues (subtract line 4 from line 3)		(
6. Net Payable			(
Comments:	•		
CAPITAL DEVELOPI	MENT PROJECTS, INCLUDING ALL FIXED AS	SETS OR REAL ESTAT	TE ACQUISITIONS PURCHASED WI
	ENT SUPPORTIVE SERVICES, REQUIRE THE L		
y certify that all inform	nation contained above are services and costs	eligible under the terms	s and conditions for reimbursement
-	and is true and correct to the best of my know		
·	pecified under the provisions of the Mental He		
	, Sub-sections (1)(a) and (1)(b), Section (2), Se		
<b>ug</b> , <del>up</del> , , , , , , , , , , , , , , , , , , ,	And an annual College of the College		•
Signature:	Ph	one No.:	
Title:	Da	te:	
Pro	gram Approval: LAC-DMH PEI Early Start Suic	ide Prevention Manager	r, Older Adults, 6th floor
_			
-	Approved By (signature)		Date
		•	
-	5 · M	<del></del>	744
	Print Name		Title

DMI	Amendment Summary						
LEG	AL ENTITY NAME: Didi Hirsch Psychiatric Service	:e					
Con	tract No.: MH120441 Legal Entity No.: OL LIST OF FU	NIONL	G SOL				
	(Please check all applica	ible tur	iding fo	or Amendment or	nly.)		
1_	Family Preservation Program		22	MHSA - FSP -	- Adult		
	Child Abuse Prevention Intervention and						
2	Treatment (AB2994)		23	MHSA - FSP -			-
a Constitution Post (OSD)			24	MHSA – Field Capable Clinical Services (FCCS)			
3	Special Education Pupil (SEP) Specialized Foster Care		24	MHSA – Probation Camps			+
<b>—</b>	Children's Comprehensive SOC Prog (SAMHSA,		20	WITOA - F TODAUOTI CAMPS			+
5	CFDA #93.958)		26	MHSA - Urgen	t Care Centers		
	Child MH Initiative-Project ABC (SAMHSA,		10	Willow Cigon	Cours Contors		<del>                                     </del>
6	CFDA #93.104)		27	MHSA - Weilne	ess/Client-Run Cer	nters	
				MHSA - Institu	tions for Mental Di	sease (IMD)	
7	Juvenile Justice Program (STOP)		28_				
8	Juvenile Justice Program (JJCPA)		29	MHSA – Enriched Residential Services			
9	Co-occuring Disorder		30	MHSA – Jail Transition and Linkage Services			
10	Path McKinney, CFDA #93.150		31	MHSA – POE (Outreach & Engagement)			<u> </u>
11	Homeless Services (NCC)		32				X
12	Family Functional Therapy Program		33		W		
13	CalWORKs		34	DHS LAMP			_
14	Homeless – Family Project		35	DHS Social Mo			-
					Transitional Indepe	endent	
15	GROW		36		1.5:		
16	Inpatient/Residential Services		37		al Diagnosis	·····	
17	Non-Medi-Cal/Indigent	Х	38	DCFS THP			+
40	Other Mental Health Services for clients under		20	DOEC Madiant	Llak		
18	the age of 21 years Other Mental Health Services for clients 21 years		39	DCFS Medical	ที่นั้น		+
10			40	MAA			
19   of age or older			41				+
-20	THI TOM - I CIT OCT FICE T CIT CIT CIT IN THE		1,		-EPSDT, EPSDT/I	Healthy	
21	MHSA - FSP - TAY		42			,,,,,	
					· · · · · · · · · · · · · · · · · · ·		
FUN	DING SOURCE(S)			AMOUNT	FISCAL YEAR	MCA	
(Select from Funding Sources listed above for Amendment.)			Incre	ease / (decrease)			
17) reduces \$450,000 Non-Medi-Cal				(450,000)	2009-10	\$20,008,1	71
32)	Adds \$1,252,733 to MHSA PEI Early Start		ļ	1,252,733	1		
					<u> </u>		
(Sec	Financial Summary(ies) for funding details to MCA.	3					
(55.	, , , , , , , , , , , , , , , , , , , ,	•					
	20.00	-D D4	TF. 4	014 10000	EFFECTIVE F	NATE: 40(4)0	-000
AME	NDMENT ACTION(S): BOARD ADOPTE	ED DA	IE: <u>1</u>	2/1/2009	EFFECTIVE (	JATE: <u>12/1/2</u>	009
_							
TL:	Amendment reduces the Non-Medi-Cal CGF in the		unt of	\$450,000, and	adda MWSA DEI B	Sadu Start in	the
11115	unt of \$1,252,733 for the transformation and expan	ecion c	of the	Suicide Preventio	on Center under	the MHSA	PFI
Earl	y Start for FY 2009-10. The MCA will be increased	t hu ¢g	02 733	Builth a revised M	#CA of \$20 008 17	1 for FY 09-1	<u></u>
	w service exhibits are added.	<u>1 υγ ψΟ</u>	V4.10	, seidt a texised in	ION OF WED, DOO, 17	1 101 1 1 03-1	· V.
	ervice Exhibits 12 and 13.			<b>Π</b> Φ 6	Sun District:		
New	Headquarters' (HQ) Address:				Sup. District:		
					Service Area(	s):	

Deputy Director: <u>Carlotta Childs-Seagle</u> Lead Manager: <u>Karen Williams</u>

ADD SERVICE SITE:

Name

Address

Sup. Dist.

Prov. No.

Svc. Area(s)

#### **ATTACHMENT II**

#### SOLE SOURCE CHECKLIST

	SOLE SOURCE CHECKLIS!
Check ( ✓)	JUSTIFICATION FOR SOLE SOURCE CONTRACTS
, ,	Identify applicable justification and provide documentation for each checked item.
( < )	Only one bona fide source for the service exists; performance and price competition are not available.
	California has only eight accredited hotlines that are members of the National Lifeline and the Didi Hirsch Suicide Prevention Center is the only 24-hour telephone crisis line serving Los Angeles County.
	Quick action is required (emergency situation).
	Proposals have been solicited but no satisfactory proposals were received.
. ia	Additional services are needed to complete an ongoing task and it would be prohibitively costly in time and money to seek a new service provider.
	Maintenance service agreements exist on equipment which must be serviced by the authorized manufacturer's service representatives.
	It is more cost-effective to obtain services by exercising an option under an existing contract.
	> It is in the best interest of the County, e.g., administrative cost savings, excessive learning curve for a new service provider, etc.
	> Other reason. Please explain:
Deputy Chief Sheila Shima	Executive Officer, CEO  Date